

OCTOBER 2019 ACADEMY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken Tacos Refried Beans Nachos & Cheese Fruit	2 Turkey Sandwich Green Peppers Chips Fruit	3 Corn Dog Tator Tots Cucumber Slices Fruit	4 Pizza Carrot Sticks Cookie	5
6	7 Pancake Sticks Grits Cereal Canteloupe	8 BBQ Chicken Nachos Fruit	9 Chicken Salad w/Croissant Pasta Salad Grapes	10 Chicken Pot Pie Fruit	11 Pizza Carrot Sticks Cookie	12
13	14 Chicken & Rice Broccoli & Cheese Roll Fruit	15 BBQ Sandwich French Fries Baked Beans Fruit	16 Meatballs Roasted Potatoes Fruit	17 Chicken Tenders Mac & Cheese Green Beans Fruit	18 EARLY DISMISSAL	19
20	21 Hot Dog Tator Tots Baked Beans Fruit	22 Taco Spaghetti Corn Garlic Bread Fruit	23 Chicken Sandwich Cherry Tomatoes Chips Ice Cream	24 Ham Mac & Cheese Squash & Zucchini Fruit	25 Pizza Carrot Sticks Cookie	26
27	28 Sloppy Joes French Fries Fruit	29 Tacos Mexican Rice Fruit	30 Chicken Alfredo Green Beans Roll Fruit	31 Hot Ham & Cheese Chips Fruit		